日本語

日本栄養大学大学院
日本栄養大学
日本栄養大学短期大学部

Faculty Members

TOP page of the Faculty Members

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Kazuhiro Uenishi

Faculty of Nutrition
Professor

■ Education

1.	1984/04～1986/03	〔Master degree program〕, Graduate School, Division of Nutrition, The University of Tokushima, Completed
2.	1994/06/25 Degree Acquisition	The University of Tokushima,
3.	～1984/03	Faculty of Medicine, The University of Tokushima, Graduated

■ Career

1.	1991/04～2000/03	Kagawa Nutrition University Faculty of Nutrition Research Associate
2.	2000/04～2002/03	Kagawa Nutrition University Faculty of Nutrition Assistant Professor
3.	2002/04～2006/03	Kagawa Nutrition University Faculty of Nutrition Associate Professor
4.	2006/04～	Kagawa Nutrition University Faculty of Nutrition Professor

■ Courses Previously Taught

1. Dietary Reference Intakes（Kagawa Nutrition University）
2. Nutritional Physiology（Kagawa Nutrition University）
3. Sports Nutrition（Kagawa Nutrition University）

■ Research Interests/Keywords

Physiology, Clinical pharmacy, Clinical pharmacy, Sports sciences (Key Word : Nutritional Physiology, Mineral Metabolism, Bone Metabolism, Sports Nutrition)

■ Publications

1.	Journal Articles	Dual-energy X-ray absorptiometry-measured lean mass and clinical bone fracture in elderly Japanese men: the Fujiwara-kyo Osteoporosis Risk in Men (FORMEN) cohort study.（Collaboration） 2026
2.	Journal Articles	Incident subclinical vertebral fractures and health-related quality of life: JPOS cohort study.（Collaboration） 2026
3.	Journal Articles	Joint association of milk intake and blood 25(OH)D levels with fracture risk in postmenopausal women: 20-year follow-up data from the Japanese Population-Based Osteoporosis cohort study.（Collaboration） 2025/08
4.	Journal Articles	Associations between diet quality scores and cardiometabolic status in young Japanese women: A cross-sectional study.（Collaboration） 2025
5.	Journal Articles	Dual energy X-ray absorptiometry-measured fat mass and lean mass indices and cardiometabolic diseases in elderly Japanese men: the Fujiwara-kyo Osteoporosis Risk in Men (FORMEN) study.（Collaboration） 2025
6.	Journal Articles	Inadequate Calcium and Vitamin D Intake Among Japanese Women During the Perinatal Period: A Cross-Sectional Study with Bone Health Assessment.（Collaboration） 2025
7.	Journal Articles	Development of a predictive scoring system for vitamin D deficiency 'Vitamin D Deficiency Predicting Scoring (ViDDPreS)' based on the vitamin D status in young Japanese women: a nationwide cross-sectional study.（Collaboration） 2024

8.	Journal Articles	Serum branched-chain amino acid levels are associated with fracture risk in Japanese women. (Collaboration) 2024
9.	Journal Articles	Association between trunk-to-peripheral fat ratio and renal function in elderly Japanese men: baseline data from the Fujiwara-kyo Osteoporosis Risk in Men (FORMEN) study. (Collaboration) 2023
10.	Journal Articles	Distinct dietary risk factors for incident osteoporotic fractures in early and late postmenopausal phase women. (Collaboration) 2023
11.	Journal Articles	Development of a predictive model for vitamin D deficiency based on the vitamin D status in young Japanese women: A study protocol (Collaboration) 2022
12.	Journal Articles	Associations between trunk-to-peripheral fat ratio and cardiometabolic risk factors in elderly Japanese men: baseline data from the Fujiwara-kyo Osteoporosis Risk in Men (FORMEN) study (Collaboration) 2021
13.	Journal Articles	The Intake of Kiwifruits Improve the Potential Antioxidant Capacity in Male Middle- and Long-Distance Runners Routinely Exposed to Oxidative Stress in Japan (Collaboration) 2021
14.	Journal Articles	Vitamin K intake and health, consideration from the epidemiological studies. (Collaboration) 2021
15.	Journal Articles	25-Hydroxyvitamin D profiles and maternal bone mass during pregnancy and lactation in Japanese women (Collaboration) 2020
16.	Journal Articles	Attempt to Determine the Cut-Off Value of Serum Ferritin for Iron Deficiency in Male College Student Runners (Collaboration) 2020
17.	Journal Articles	Calcium Intake and Bone Mineral Acquisition during the Pubertal Growth Spurt: Three-Year Follow-Up of the Kitakata Kids Health Study in Japan (Collaboration) 2020
18.	Journal Articles	Executive summary of clinical practice guide on fracture risk in lifestyle diseases. (Collaboration) 2020
19.	Journal Articles	Trunk-to-peripheral fat ratio predicts a subsequent blood pressure in normal-weight pubertal boys: a 3-year follow-up of the Kitakata Kids Health Study (Collaboration) 2020
20.	Journal Articles	Vitamin A intake is related to stress fracture occurrence in male collegiate long-distance runners (Collaboration) 2020
21.	Journal Articles	Multiple vitamin deficiencies additively increase the risk of incident fractures in Japanese postmenopausal women (Collaboration) 2019
22.	Journal Articles	Stimulation of intestinal calcium absorption by orally administrated vitamin D3 compounds: a prospective open-label randomized trial in osteoporosis. (Collaboration) 2018/03
23.	Journal Articles	Bisphosphonates prevent age-related weight loss in Japanese postmenopausal women. (Collaboration) 2018
24.	Journal Articles	Low serum osteocalcin concentration is associated with incident type 2 diabetes mellitus in Japanese women (Collaboration) 2018
25.	Journal Articles	Preventive effects of raloxifene treatment on agerelated weight loss in postmenopausal women. (Collaboration) 2017
26.	Journal Articles	Relationships between bone mass and dietary/lifestyle habits in Japanese women at 3-4 months postpartum (Collaboration) 2017
27.	Journal Articles	Association between vitamin D status and serum parathyroid hormone concentration and calcaneal stiffness in Japanese adolescents: sex differences in susceptibility to vitamin D deficiency. (Collaboration) 2016/04
28.	Journal Articles	Fibroblast growth factor-23 and phosphorus related factors in young Japanese women: a cross-sectional study. (Collaboration) 2016
29.	Journal Articles	Relative Importance of Central and Peripheral Adiposities on Cardiometabolic Variables in Females: A Japanese Population-Based Study. (Collaboration) 2016
30.	Journal Articles	Ability of self-reported estimates of dietary sodium, potassium and protein to detect an association with general and abdominal obesity: comparison with the estimates derived from 24 h urinary excretion. (Collaboration) 2015
31.	Journal Articles	Adherence to the food-based Japanese dietary guidelines in relation to metabolic risk factors in young Japanese women. (Collaboration) 2015
32.	Journal Articles	Association between vitamin D status and serum parathyroid hormone concentration and calcaneal stiffness in Japanese adolescents: sex differences in susceptibility to vitamin D deficiency. (Collaboration) 2015

33.	Journal Articles	HDL subclasses are heterogeneous in their associations with body fat, as measured by dual-energy X-ray absorptiometry: the Kitakata Kids Health Study. (Collaboration) 2015
34.	Journal Articles	Nutritional status in Japanese renal transplant recipients with long-term graft survival. (Collaboration) 2015
35.	Journal Articles	A randomized intervention trial of 24-wk dairy consumption on waist circumference, blood pressure, and fasting blood sugar and lipids in Japanese men with metabolic syndrome. (Collaboration) 2014
36.	Journal Articles	Dietary glycemic index, but not glycemic load, is positively associated with serum homocysteine concentration in free-living young Japanese women. (Collaboration) 2014
37.	Journal Articles	Fat mass is positively associated with bone mass in relatively thin adolescents: data from the Kitakata Kids Health Study. (Collaboration) 2014
38.	Journal Articles	One-year changes in bone mineral density and bone turnover markers in premenopausal amateur runners: a prospective study. (Collaboration) 2014
39.	Journal Articles	Relationships between birth weight and serum cholesterol levels in healthy Japanese late adolescents. (Collaboration) 2014

5 display

■ Grants

1.	Basic Study for Establishment of Dietary Reference Intakes
2.	Health Benefits of Kiwifruit Intake